

Sports Day and Family Outing

Date: Sunday, 15 May 2016

Venue: PASCAL ENGLISH SCHOOL, Nicosia

(Football, Basketball, Volleyball, Tennis, Table tennis)

Time: 09:00 – 15:00

Entry deadline: Tuesday, 10 May 2016

The Public Relations Committee of ICPAC is organising the Annual Sports Day and Family outing, at the grounds of the **Pascal English School**, Nicosia on **Sunday**, **15 May 2016**.

We invite you to participate together with your family and friends.

The teams and individuals will compete in the following sports:

- (i) 5-A-side football
- (ii) Basketball
- (iii) Volleyball
- (iv) Tennis (singles)
- (v) Table Tennis (singles)

All participants should register at the grounds of Pascal English School.

The rules and regulations are set out in Appendix 1.

Please submit your participation forms ON TIME. See Appendix 2.

The Sports Day is intended to be a family outing and there will be:

- a bouncy-castle for children, on the grounds of Pascal English School
- food and soft drinks for everyone, on the grounds of Pascal English School.

For more information please contact ICPAC on 22870030 and events@icpac.org.cv

Sports Day - Sunday, 15 May 2016

RULES & REGULATIONS

- Team members or individuals must be members of our Institute or be working for firms of accountants including their families and friends. Please note that spouses, girlfriends, boyfriends and friends are permitted to play **provided they are not professionals** in the sport (i.e. not participating in National Championships / Competitions)! This is very important as in the past some firms have included professional players as part of their teams, thus making the games quite unfair towards the other teams. Team members that are working for firms of accountants and are also participating in National Championships / Competitions **are allowed** to participate.
- The number of teams per firm or other organisation is not limited. But it is strictly prohibited for a player to play in two different teams of the same sport, even if one of the two was knocked out in a previous match.
- A player is not allowed to participate in more than one sport.
- The competition will be on a knock out basis or on a championship basis depending on the number of teams.
- A timetable of all games will be communicated in advance, once all participations are declared. The timetable will be <u>strictly followed</u> and teams will be disqualified in case of delay / non-appearance. The Draw of the timetable will take place on Thursday, 12 May 2016 at ICPAC's premises at 5.00 o'clock.
- For football two halfs of 5 minutes will be played. In case of a draw the match will be decided on 5 penalties. From then on if the game is still tied, sudden death rounds of one kick each will be used until one side scores and the other does not.
- For basketball two halfs of 6 minutes will be played. In case of a draw 2 extra minutes will be played to reach the winner of the match. In case of draw, another 2 minutes will be played and so on.
- For volleyball first round one set will be played up to 25 points. From the second round the winner will be determined on a best of three sets match, where each set will finish on 15 points.
- For table tennis best of 3 sets up to round of 8 will determine the winner. From the quarter-final onwards until the final the best of 5 sets will determine the winner.
- For tennis best of 3 sets. Each set will consist of 4 games, with a tie break if the set is tied at 3 games all, except the third set. The first player to reach 7 points wins the tie break and the set. In case of a draw (1-1 set) a match tie-brake will be played up to 10 points. The no-ad system will be followed. At deuce, the receiver then chooses from which side of the court he desires to return his opponent's serve.

-	THE DEADLINE FO FORMS IS TUESDAY			OF	THE	COMPLETED	PARTICIPATION
1)	5-A-SIDE-FOOTBALL	l -	5 team memb	ers			
2)	BASKETBALL	973	5 team memb	ers			
3)	VOLLEYBALL	-	6 team member	ers			
4)	TABLE TENNIS	-	Men Singles				
		(20)	Women Single	S			
		-	Kids Singles				
5)	TENNIS	27	Men Singles				

Women Singles

Please denote if you are qualified for First Aid and if you volunteer yourself.

	APPENDIX 2						
ICPAC SPORTS D	DAY – SUNDAY, 15 MAY 2016						
	Deadline: Tuesday, 10 May 2016						
	Deaumer ruesday, 10 Play 2010						
Team	Participation Form						
Team name:							
Football Team	Basketball Team						
1.	1.						
2.	2.						
3.	3.						
4.	4.						
5.	5.						
Volleyball Team	Tennis – Men singles						
1.	1.						
2.	2.						
3.	3.						
4.	4.						
5.							
6.							
Tennis – Women singles	Table Tennis — Men singles						
1.	1.						
2.	2.						
3.	3.						
4.	4.						
Table Tennis – Women singles	Table Tennis – Kids singles						
1.	1.						
2.	2.						
3.	3.						
4.	4.						
	embers are <u>NOT professionals</u> in the relevant						
sport (i.e. they do not participate in	n National Championships / Competitions etc)						
Please denote the names of the ner	rsons who are qualified for First Aid:						
Please denote the hames of the per	isons who are qualified for thist Aid.						
Total Number of participants							
Signed on behald of the Firm/ Tean	n						